

2011 COLLECTION

CORPORATE

- Polos
- Tees & Mocks
- Outerwear
- Fleece

TEAM WEAR

- Gamewear
- Compression
- Performance
- Fashion Fleece
- Active Wear
- Accessories

CUSTOM

- Polos
- Work Wear
- Canada Gear
- School Polo
- Colour Chart
- Private Label

SIZE GUIDE

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GURU SPORTSWEAR SIZE GUIDE
BODY MEASUREMENTS

MEN'S	S	M	L	XL	2XL	3XL
NECK CIRCUMFERENCE	14.5-15	15.5-16	16.5-17	17.5-18	18.5-19	19.5-20
CHEST	36-39	39-42	42-45	45-48	48-51	51-54
WAIST	30-32	32-34	34-36	36-38	38-40	40-42
SLEEVE LENGTH	32-33	33-34	34-35	35-36	36-37	37-38
WOMEN'S	XS	S	M	L	XL	2XL
CHEST	30-32	32-35	35-38	38-41	41-43	43-46
WAIST	26-27	28-29	30-31	32-33	34-35	36-37
SLEEVE LENGTH	29-30	30-31	31-32	32-33	33-34	34-35
YOUTH	YXS	YS	YM	YL	YXL	
CHEST	24-25	25-28	28-30	30-32	32-34	
SLEEVE LENGTH	24.5-26	26-27.5	27.5-29	29-30.5	30.5-32	
	YOUTH		ADULT			
TOQUES	YS/YM	YL/YXL	S/M	L/XL		
HEAD CIRCUMFERENCE	19-20	20-21	22-23	23-24.5		

NOTE:

- Chest should be measured in circumference at the widest point. Keep the measuring tape level.
- Waist should be measured in circumference at the narrowest point – Usually 1 1/2" - 2" above the belly button.
- Sleeve length – Relax your arm. Measure the arm length from center of the back neck, across to shoulder and down to outside wrist.
- Head should be measured in circumference right above the eyebrow point.