

Roots73  
Sizing Chart

Tops

Men's	S	M	L	XL	2XL	3XL
chest (inches)	36-38	38-40	40-42	42-45	45-48	48-51
sleeve (inches)	32.5	33.5	34.5	35.5	36.5	37.5
Women's	XS	S	M	L	XL	2XL
sizing	2	4	6	8	10	12
chest/bust (inches)	32	34	36	39	42	45
sleeve (inches)	30.5	31	31.5	32	32.5	33
Youth	JRS	JRM	JRL	JRXL		
sizing	5-6	7-8	10	12		
average age	4-6	6-8	9-10	11-12		
height (inches)	44-49	50-55	56-58	59-61		
chest (inches)	25-26	27-28	29-30	30-31		
sleeve (inches)	23	25	27	28.5		

Bottoms

Men's	S	M	L	XL	2XL	3XL
waist (inches)	30-31	32-33	34-35	36-38	38-40	40-42
inseam (inches)	33	33	33	33	33.5	34
Women's	XS	S	M	L	XL	2XL
sizing	2	4	6	8	10	12
waist (inches)	25	27	29	32	35	38
hip (inches)	34	36	38	41	44	47
inseam (inches)	32	32	32	32	32	32
Youth	JRS	JRM	JRL	JRXL		
sizing	5-6	7-8	10	12		
average age	4-6	6-8	9-10	11-12		
height (inches)	44-49	50-55	56-58	59-61		
waist (inches)	22-24	24-26	26-28	28-30		

### Chest

Wrap the tape around the fullest part of your chest and shoulder blades, then drop your arms to your sides to measure.

### Sleeve

From centre back neck to base of sleeve.

### Waist

Measure around your natural waistline, keeping the tape comfortably relaxed.

### Hips

Stand with your heels together, and measure around the fullest part of your hips, approx 8" below waist.

### Inseam

Inside leg from crotch straight to base of leg, including cuff.

